



**MAINTENANCE OF SENIOR CITIZENS' HOME**  
**Phalee Village, P.O. Somdal, Ukhrul District, Manipur, PIN - 795144**

**Run by: Social Affairs for Voluntary Empowerment**  
**Sponsored by: Ministry of Social Justice and Empowerment, Govt. of India**  
**Supported by: Social Welfare Department, Govt. of Manipur**

**LIST OF KITCHEN ITEMS**

Sl.No.	Items/Particulars	Quantity	Remarks
1.	Gast stove	1 set	In use
2.	Gas Cylinder	2 nos.	In use
3.	Kitchen Rag & Gas table	2 nos.	In use
4.	Syntax Water tank , 500 ltrs.	2 nos.	In use
5.	Bright Water bucket, 100 ltrs	1 no.	In use
6.	Plate big size for rice	30 nos.	In use
7.	Drinking glass	30 nos.	In use
8.	Dish bowl	30 nos.	In use
9.	Kettle	2 nos.	In use
10.	Spoon	30 nos.	In use
11.	Plate small size	30 nos.	In use
12.	Rice making Pot big size	3 nos.	In use
13.	Dish/Curry making Pot small size	3 nos.	In use
14.	Pressure cooker	2 nos.	In use
15.	Water filter	2 nos.	In use
16.	Pan	3 nos.	In use
17.	Steel tub/Bowl	5 nos.	In use
18.	Cooking Tong, Big and Small	5 nos.	In use
19.	Cooking twig	3 nos.	In use
20.	Grinder	1 no.	In use
21.	Suspan with cover	2 set	In use
22.	Tea cup	30 nos.	In use
23.	Tray	3 nos.	In use

  
( W. Simon )

Secretary,  
Social Affairs for Voluntary Empowerment

Secretary  
Social Affairs For Voluntary  
Empowerment



Name of the Organisation : **Social Affairs for Voluntary Empowerment**

Name of the project : **Maintenance of Senior Citizens' Home for 25 beneficiaries.**

Project location : **Phalee Village, P.O. Somdal, Ukhrul District, Manipur, PIN - 795144**

Project ID : **IP/MN/UKH/05038**

### **FOOD MENU CHART**

<b>Days</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Evening Snacks</b>	<b>Dinner</b>
Monday	Tea & biscuit	Rice, Vegetable Stew (Chamthong), Papad/ Bora	Tea & biscuit, fruit	Rice & Seasonal vegetable curry (Iromba/Kanghou)
Tuesday	Tea & halwa	Rice, Dal, Badam fry	Tea/ & kabok (rice flakes)	Rice & Seasonal vegetable curry (Iromba/Kanghou)
Wednesday	Tea & biscuit	Rice, Utti, Chutney	Tea & biscuit	Rice & Iromba/Fish/Egg curry
Thursday	Tea & bread	Rice, Dal, Alu kamet (Chutney)	Tea & biscuit, fruit	Rice & Seasonal Vegetable curry
Friday	Tea & puri	Rice, Vegetable curry	Tea & kabok (rice flakes)	Rice & Seasonal vegetable curry (Eggplant/ Pumpkin/ Cauliflower/ Cabbage/Bottle gourd etc. /Kanghou)
Saturday	Tea & biscuit	Rice, Fish curry	Tea & puri	Rice & Soyabean Curry (Nutrela Curry)/Bora/Papad
Sunday	Milk & banana	Rice, Utti, Chutney	Tea & snack	Rice & Non Vegetarian curry (Chicken/Fish/Pork)
<b>Seasonal fruit twice a week</b>				

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